



# VCNP 2025 RICHMOND PHARMACOLOGY SYMPOSIUM

September 27, 2025

Lewis Ginter Botanical Gardens

<b>Agenda:</b>		
7:30AM - 7:45AM	<b>Registration, breakfast (provided), and exhibits</b>	
7:45AM - 8:00AM	<b>Keynote Speaker</b> President, VCNP Richmond Chapter	Alysia Pack, DNP, FNP-C, PMHNP-BC
8:00AM - 9:00AM	<b>Practice Pearls and Pitfalls: Lessons from a New Provider (Pharmacology)</b>	Amanda McComas, DNP, RN, FNP-C, PM
9:00AM - 10:00AM	<b>The Science of Beauty: Pharmacology in Modern Aesthetics Practice (Pharmacology)</b>	Madison Arango Londono, MSN, FNP-BC
10:00AM - 10:30AM	<b>Mid-Morning Break with Exhibitors</b>	
10:30AM - 11:30AM	<b>HIV PrEP (Pharmacology)</b>	Mara Dominguez, APRN
11:30AM - 12:30PM	<b>Rheumatology – Biologics - Gout in DM and CKD (Pharmacology)</b>	Layne Schreiber, MD
12:30PM - 1:15PM	<b>Lunch (provided) &amp; visit Exhibitors</b>	
1:15PM - 2:15PM	<b>Depression &amp; Bipolar Disorder (Pharmacology)</b>	Justin T. Ray, MSN, PMHNP-BC
2:15PM - 3:15PM	<b>Updates in Alzheimer's Disease Management – Amyloid Targeting (Pharmacology)</b>	Kayleen Lynch, PA-C
3:15PM - 3:45PM	<b>Awards and Prizes</b>	

## Program Overview:

This one-day symposium is designed to equip Nurse Practitioners with the latest pharmacologic knowledge across a range of complex and evolving clinical topics. This year's course covers high-impact areas including dermatologic treatments, HIV PrEP, depression and bipolar disorder management, rheumatology biologics, neurocognitive disorders, and cosmetic pharmacology. Attendees will learn to recognize common prescribing errors, apply current treatment guidelines, and improve medication safety and effectiveness. Through expert-led presentations and real-world case insights, this course helps providers enhance clinical decision-making and deliver better outcomes for diverse patient populations.

## Desired Outcomes:

At the conclusion of the activity, learners should be able to:

- Identify the common prescribing mistakes amongst new providers
- Identify new treatments in dermatology for those with chronic skin conditions
- Describe new prevention medications for HIV
- Differentiate between depression, bipolar disorder, and bipolar depression, and accurately identify appropriate pharmacologic treatment plans for each condition.

## Target Audience:

Nurse practitioners with prescriptive authority, wanting to stay up-to-date on the latest information regarding drug interactions, new medications, and safe prescribing practices across a variety of practice areas.



## Planning Committee Course Co-Directors:

Bill Sachau, MS, ANP-C  
VCNP Education Co-Chair

Kelly Szerenyi, MSN, FNP-C  
VCNP Education Co-Chair

## Planning Committee Members:

Chrystal Doyle, APRN, FNP-BF, PMHNP-BC  
RVA Counseling

Erica Williams, DNP, APRN, FNP-C  
Hunter Holmes McGuire VA Medical Center

Naveen Samuel, DNP, RN  
Hunter Holmes McGuire VA Medical Center

Kara Watts  
University of Virginia Continuing Education

## Accreditation:



In support of improving patient care, this activity has been planned and implemented by the UVA Health Continuing Education and the Virginia Council of Nurse Practitioners – Richmond Chapter. UVA Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Nurses

UVA Health Continuing Education awards up to **6.25 contact hour(s)** for nurses who participate in this educational activity and complete the post activity evaluation.

### Hours of Participation

UVA Health Continuing Education awards **6.25 hours of participation** (consistent with the designated number of *AMA PRA Category 1 Credit(s)<sup>TM</sup>* or ANCC contact hours) to a participant who successfully completes this educational activity. UVA Health Continuing Education maintains a record of participation for six (6) years.

## Registration:

Registration and payment are available at: <https://uva.cloud-cme.com/2025VCNPPharmaSym>

Registration will close midnight on **Friday, September 12, 2025. NO WALK IN REGISTRATION.** Syllabus will be available online the week of the conference until 30 days after the program. \*See cancellation policy prior to registration.

Register by September 12, 2025:

VCNP Member	\$120.00
Student	\$100.00
Non-VCNP Member	\$140.00

*Please Note:* Policies on cancellation, payment methods and accommodation requests can be found on our website under FAQs. Additional questions, please contact [uvacme@virginia.edu](mailto:uvacme@virginia.edu) or 434-924-5310.

## Contact:

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